

2024 PWS BEHAVIOR MANAGEMENT TRAINING FOR FAMILIES

No matter the age of your loved one with PWS or your experience level, you will learn something new at a PWS behavior management training session. Now you have **two ways to learn at a live webinar**: An **Overview Session** is a 2-hour webinar that provides an overview of symptom management and successful behavior management strategies. Overview Sessions are repeated multiple times through the year. **Focus Sessions** are a series of six 2-hour monthly webinars that provide in depth focus on all of the topics covered in an Overview Session. Attend the whole series or pick and choose your topic! For more information contact the PWCF Office 800-400-9994 | info@pwcf.org or Lisa Graziano LisaG@pwcf.org.

[Click to Register Now!](https://pwcf.networkforgood.com/events/51256-2023-residential-staff-training-programs)

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PWS Behavior Management
Strategies for the Family
Overview Session



Presented by
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M.A., LMFT

Prader-Willi
California
Foundation
2024



PWS Behavior Management Training for Families: Overview Sessions

This 2-hour live webinar is offered multiple times through the year. It provides an overview of PWS's physiological and neurocognitive symptoms, describes how to create the environmental basics that all individuals with PWS need, and provides an overview of PWS-specific behavior management interventions and strategies.

Training is FREE for PWCF Members. Handouts and video recording provided to all attendees. Attend as many training sessions as you'd like! Non-members \$35.

Training Dates: Last Monday of the month 6:00 p.m. – 8:00 p.m.: 2/26 | 4/29 | 6/24 | 8/26 | 10/28 (holiday prep focus!)

WANT MORE IN-DEPTH, FOCUSED TRAINING? HERE IT IS!



PWS Behavior Management Training for Families: Focus Sessions

This live webinar series digs deep into understanding PWS behavior management strategies. Each of the six sessions in the series provides in-depth focus on specific symptoms and provides useful strategies and interventions for symptom management. Plenty of time for questions and role-play opportunities to enhance learning. Registration includes handouts and video recordings. Purchase the Series or choose your individual Focus Session(s).

Focus Training 6-Sessions Series: \$75 for PWCF Members | \$110 Non-members

Individual Focus Sessions: \$25 for PWCF Members | \$45 Non-members

Training Dates: Last Sunday of the month 9:00 a.m. – 11:00 a.m. **See Agenda on next page.**

Focus Session #1: January 28 | Focus Session #2: February 25 | Focus Session #3: March 24
Focus Session #4: June 30 | Focus Session #5: July 28 | Focus Session #6: August 25



Prader-Willi California Foundation
**2024 PWS BEHAVIOR MANAGEMENT
TRAINING FOR FAMILIES**

FOCUS SESSIONS AGENDA

Focus Session #1: *Food Security and Other Environmental Basics.* The session will focus upon what Food Security is, why it is critically important, how to create a Food Secure environment, how to manage food theft, and how to manage food-related tantrums. We will focus the other Environmental Basics and share how to implement them. We will also focus upon the importance of provider self-care and offer strategies for *how* to accomplish healthy self-care for the benefit of not only the care provider but for the benefit of the individual with PWS and *everyone* in the family. **January 28 | 9:00 a.m. - 11:00 a.m. PST**

Focus Session #2: *Empathy & Collaborative Problem Solving: Powerful Interventions.* The session will highlight why punishment is not effective with individuals with PWS. We will focus upon strategies that *are* effective and introduce Empathy as Intervention and Collaborative Problem-Solving, both of which lay the foundation for *all* successful PWS behavioral interventions. **February 25 | 9:00 a.m. - 11:00 a.m. PST**

Focus Session #3: *Strategies to Reduce Arguing and Becoming Worn Down.* This session will focus on helpful strategies to reduce your loved one's oppositional thinking and behaviors, inflexibility, and need to be right in order to reduce frustration for both your loved one *and you!* **March 24 | 9:00 a.m. - 11:00 a.m. PST**

Focus Session #4: *Strategies to Improve Cooperation.* This session will focus upon PWS's ubiquitous anxiousness and provide useful strategies that reduce the potential for unwanted anxiety-related behaviors. We will also focus upon strategies for attentional and hyperfocus symptoms. **June 30 | 9:00 a.m. - 11:00 a.m. PST**

Focus Session #5: *Strategies to Avoid Disappointment and Unwanted Behaviors.* This session will focus upon successful strategies to manage PWS's many neurocognitive deficits that often lead to disappointment and result in unwanted behaviors. We will also focus upon PWS's lying and confabulation behavior and share management strategies. **July 28 | 9:00 a.m. - 11:00 a.m. PST**

Focus Session #6: *Understanding and Managing Obsessive-Compulsive Behaviors & When to Use Medications.* This session will focus on strategies to help manage obsessive symptoms, compulsive behaviors, hoarding behavior, skin picking and other self-abusive behaviors, psychiatric symptoms, explore when it's time to pursue medication, and how to identify a psychiatric physician specialist. **August 25 | 9:00 a.m. - 11:00 a.m. PST**

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Purchase the whole series or choose individual Focus Sessions

For more information contact Prader-Willi California Foundation
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