



PWCF's Online Activities in 2026

Karate with Cameron | Sundays at 4 PM

[Link to Register](#)

Cameron Graziano, who has a Black Belt in Tae Kwon Do, is teaching weekly karate classes for PWCF members! These classes are a perk of membership and available exclusively through Zoom. Classes take place every Sunday at 4 PM PST.

Chat Group for Individuals with PWS | Wednesdays at 5 PM

[Link to Register](#)

This chat group provides teens and adults with PWS ages 16+ with the opportunity to connect with others, play games, share stories and much more. PWCF Administrative Director Luis Prado and volunteer Yashvi Reddy will be hosting this activity every 2 weeks. This activity will begin a summer break in June and will return in August.

Remaining Activity Dates: 5/6, 5/20, 6/3, 6/17

Fun and Fitness | Thursdays at 4 PM

[Link to Register](#)

This activity will return in July!

Fun and Fitness will return for another 8 week session during the summer.

Yashvi's Corner | Wednesdays at 5 PM

[Link to Register](#)

Long-time PWCF volunteer Yashvi Reddy is hosting her own virtual activity in 2026! Yashvi's Corner is an opportunity for individuals with PWS ages 12+ to hang out and participate in fun activities such as crafts, yoga, and much more.

Yashi will be hosting this activity every 2 weeks until July.

Remaining Activity Dates: 5/13, 5/27, 6/10, 6/24