



LathamCenters
Passage to a brighter future

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TRAINING CAREGIVERS – PWCF CONFERENCE



Providing Residential, Vocational, Educational and
Clinical Programs for Students and Adults with
Prader-Willi Syndrome and Complex Special Needs.

THEY'RE NOT A PAIN, IT'S THEIR BRAIN

PWS is a medical condition

- They see the world differently
- Impulse control and anxiety may cause unpredictable behaviors that are not intentional or planned
- Keep communication direct, clear, and concise



IF YOU WANT SUCCESS, CLEAN UP THE MESS

- A secure and organized environment allows for individuals to remain calm and stay focused
- Safety First
- Create an environment conducive to learning and growth
- Food Security
- Executive Functioning Disorder
- Clear space, Clear instructions



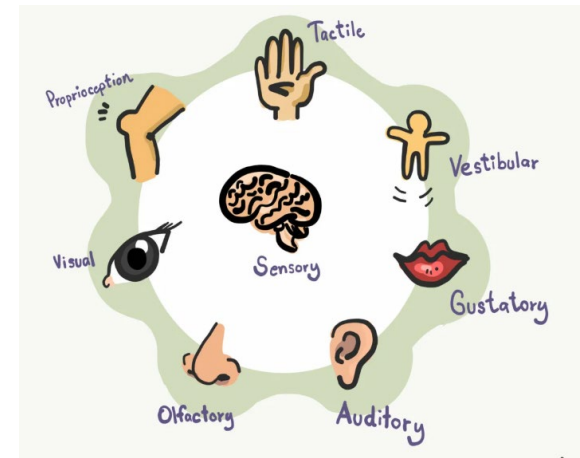
A FRESH START IS ALWAYS SMART

- Start new after an incident
- Your cup needs to be full in order to fill theirs
- Natural Consequences
- Frequent Praise, build it in to your everyday conversation
- You get what you give



NOISE, FEEL, AND LIGHT – CHECK TO MAKE SURE THAT EVERYTHING IS RIGHT

- **Sensory Processing Disorder (SPD) is common in a person with PWS**
 - The caregiver should know and/or ask...
 - Auditory – ask: are there loud noises in the classroom?
 - Visual – ask: are the lights too bright to be comfortable
 - Olfactory – ask: can the person smell dinner cooking?
 - Tactile – ask: what clothes makes the person most comfortable?
 - Vestibular – ask: is the ground flat and smooth, are there tripping hazards?
 - Proprioception – ask: are there things around me that person could bump into?



<https://growingearlyminds.org.au/tips/sensory-processing-disorder-the-ultimate-guide/>



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TAKE A BREAK FOR EVERYONE'S SAKE

- Think of the oxygen mask on an airplane- you can't take care of anyone unless you take care of yourself
- This is hard work- you are enough, and you are doing enough
- Focus on every step forward and don't stop trying



Now, let's remember the RHYME!

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EVERYTHING IS RIGHT**

TAKE A BREAK FOR EVERYONE'S SAKE



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THANK YOU!

For more information please contact:

Brittni Kliment, M. Ed.
Dir. of Program Marketing
and Admissions
BKliment@lathamcenters.org
508.221.7352

Katrina Kozak, MSPC
Dir. of National Outreach
KKozak@lathamcenters.org
774.487.7612

Patrice Carroll, LICSW
Dir. of PWS Services
Pcarroll@lathamcenters.org
508.221.2269

www.lathamcenters.org



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