

## 2026 PWS BEHAVIOR MANAGEMENT TRAINING FOR THE FAMILY

No matter the age of your loved one with PWS or your experience level, you will learn something new at a PWS behavior management training session. PWCF offers **two ways to learn!** **Overview Sessions** are 2-hour webinars offered monthly that provide an overview of successful PWS behavior management strategies. **Focus Sessions** are a set of six 2-hour webinars that provide in-depth focus on the interventions covered in the Overview Session. For more information contact PWCF 800-400-9994 | [info@pwcf.org](mailto:info@pwcf.org) or Lisa Graziano [LisaG@pwcf.org](mailto:LisaG@pwcf.org).

[Click to Register Today!](https://pwcf.networkforgood.com/events/96077-family-pws-behavior-management-training-sessions-2026)

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### PWS Behavior Management Training for the Family: Overview Sessions

This 2-hour live webinar is offered every month and provides an overview of successful PWS behavior management strategies.

**Training is FREE for PWCF Members.** Handouts and video recording provided to all attendees. Attend as many training sessions as you'd like! Non-members \$35.

**Training Dates:** Last Wednesday of the month except June, November and December. 10:00 a.m. – 12:00 p.m.  
Jan 27; Feb 24; Mar 31; Apr 28; May 26; June 30; July 28; Aug 25; Sep 29; Oct 27; Nov 24; Dec 29

### FOR MORE IN-DEPTH TRAINING:



### PWS Behavior Management Training for the Family: Focus Sessions

This live webinar series provide in-depth focus into understanding PWS proven behavior management strategies. There is plenty of time for questions and role-play opportunities to enhance learning. Registration includes handouts and video recordings. Purchase the entire Focus Sessions Series or choose your individual Focus Session(s).

**Focus Training 6-Sessions Series:** \$75 for PWCF Members | \$110 Non-members

**Individual Focus Sessions:** \$25 for PWCF Members | \$45 Non-members

**Training Dates:** Thursdays 5:00 p.m. – 6:30 p.m. **See Agenda on next page.**

Focus Session #1: April 2 | Focus Session #2: April 9 | Focus Session #3: April 16  
Focus Session #4: April 23 | Focus Session #5: April 30 | Focus Session #6: May 7

**Bonus Focus Session:** *Preparing for the Holidays.* Saturday, October 24 | 4:30 p.m. – 6:30 p.m.  
Free for PWCF Members; \$35 for Non-members



Prader-Willi California Foundation  
**2026 PWS BEHAVIOR MANAGEMENT  
TRAINING FOR FAMILIES**

### FOCUS SESSIONS AGENDA

**Focus Session #1: Food Security and Other Environmental Basics.** The session will focus upon what Food Security is, why it is critically important, how to create a Food Secure environment, how to manage food theft, and how to manage food-related tantrums. We will focus the other Environmental Basics and share how to implement them. We will also focus upon the importance of provider self-care and offer strategies for *how* to accomplish healthy self-care for the benefit of not only the care provider but for the benefit of the individual with PWS and *everyone* in the family. **April 2 | 5:00 p.m. – 6:30 p.m. PST**

**Focus Session #2: Empathy & Collaborative Problem Solving: Powerful Interventions.** The session will highlight why punishment is not effective with individuals with PWS. We will focus upon the use of Empathy as Intervention and Collaborative Problem-Solving, both of which lay the foundation for *all* successful PWS behavioral interventions. **April 9 | 5:00 p.m. – 6:30 p.m. PST**

**Focus Session #3: Strategies to Reduce Arguing and Becoming Worn Down.** This session will focus on helpful strategies to manage your loved one's oppositional thinking and behaviors, inflexibility, and need to be right in order to reduce frustration for both your loved one *and you!* **April 16 | 5:00 p.m. – 6:30 p.m. PST**

**Focus Session #4: Strategies to Improve Cooperation.** This session will focus upon PWS's ubiquitous anxiousness and provide useful strategies that reduce the potential for unwanted anxiety-related behaviors. We will also focus upon strategies that help manage attentional and hyperfocus symptoms to help improve the flow of the day. **April 23 | 5:00 p.m. – 6:30 p.m. PST**

**Focus Session #5: Strategies to Avoid Disappointment and Unwanted Behaviors.** This session will focus upon successful strategies to manage PWS's many neurocognitive deficits that often lead to disappointment and result in unwanted. We will also focus upon PWS's lying and confabulation behavior and share management strategies. **April 30 | 5:00 p.m. – 6:30 p.m. PST**

**Focus Session #6: Understanding and Managing Obsessive-Compulsive Behaviors & When to Use Medications.** This session will focus on strategies to help manage obsessive symptoms, compulsive behaviors, hoarding behavior, skin picking and other self-abusive behaviors, psychiatric symptoms, explore when it's time to pursue medication, and how to identify a psychiatric physician specialist. **May 7 | 5:00 p.m.– 6:30 p.m. PST**

**Bonus Focus Session: Preparing for the Holidays.** Free for Members; \$35 for Non-Members.  
**Saturday, October 24 | 4:30 p.m. – 6:30 p.m.**

[Click to Register Today!](#)

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*Purchase the entire series or choose individual Focus Sessions*

Contact Prader-Willi California Foundation for more information

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