

2025 PWS BEHAVIOR MANAGEMENT TRAINING FOR THE FAMILY

No matter the age of your loved one with PWS or your experience level, you will learn something new at a PWS behavior management training session. PWCF offers **two ways to learn!** **Overview Sessions** are 2-hour webinars offered monthly that provide an overview of successful PWS behavior management strategies. **Focus Sessions** are a set of six 2-hour webinars that provide in-depth focus on the interventions covered in the Overview Session. For more information contact PWCF 800-400-9994 | info@pwcf.org or Lisa Graziano LisaG@pwcf.org.

[Click to Register Today!](https://pwcf.networkforgood.com/events/80741-family-behavior-management-training-sessions-2025)

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PWS Behavior Management
Strategies for the Family
Overview Session



Presented by
Lisa Graziano,
M.A., LMFT

Prader-Willi
California
Foundation

2024



PWS Behavior Management Training for the Family: Overview Sessions

This 2-hour live webinar is offered every month and provides an overview of successful PWS behavior management strategies.

Training is FREE for PWCF Members. Handouts and video recording provided to all attendees. Attend as many training sessions as you'd like! Non-members \$35.

Training Dates: Last Wednesday of the month except June, November and December. 10:00 a.m. – 12:00 p.m.
Jan 29; Feb 26; Mar 26; Apr 30; May 28; June 18; July 30; Aug 27; Sep 24; Oct 29; Nov 19; Dec 17

FOR MORE IN-DEPTH TRAINING:



PWS Behavior Management Training for the Family: Focus Sessions

This live webinar series provide in-depth focus into understanding PWS proven behavior management strategies. There is plenty of time for questions and role-play opportunities to enhance learning. Registration includes handouts and video recordings. Purchase the entire Focus Sessions Series or choose your individual Focus Session(s).

Focus Training 6-Sessions Series: \$75 for PWCF Members | \$110 Non-members

Individual Focus Sessions: \$25 for PWCF Members | \$45 Non-members

Training Dates: Saturdays 4:00 p.m. – 6:00 p.m. **See Agenda on next page.**

Focus Session #1: March 8 | Focus Session #2: March 15 | Focus Session #3: April 5
Focus Session #4: April 12 | Focus Session #5: June 7 | Focus Session #6: June 21

Bonus Focus Session: *Preparing for the Holidays.* Saturday, November 1 | 4:00 p.m. – 6:00 p.m.

Free with paid Series registration or Individual Session \$25 for PWCF Members, \$45 for Non-members



Prader-Willi California Foundation
**2025 PWS BEHAVIOR MANAGEMENT
TRAINING FOR FAMILIES**

FOCUS SESSIONS AGENDA

Focus Session #1: Food Security and Other Environmental Basics. The session will focus upon what Food Security is, why it is critically important, how to create a Food Secure environment, how to manage food theft, and how to manage food-related tantrums. We will focus the other Environmental Basics and share how to implement them. We will also focus upon the importance of provider self-care and offer strategies for *how* to accomplish healthy self-care for the benefit of not only the care provider but for the benefit of the individual with PWS and *everyone* in the family. **Saturday, March 8 | 4:00 p.m. – 6:00 p.m. PST**

Focus Session #2: Empathy & Collaborative Problem Solving: Powerful Interventions. The session will highlight why punishment is not effective with individuals with PWS. We will focus upon the use of Empathy as Intervention and Collaborative Problem-Solving, both of which lay the foundation for *all* successful PWS behavioral interventions. **Saturday, March 15 | 4:00 p.m. – 6:00 p.m. PST**

Focus Session #3: Strategies to Reduce Arguing and Becoming Worn Down. This session will focus on helpful strategies to manage your loved one's oppositional thinking and behaviors, inflexibility, and need to be right in order to reduce frustration for both your loved one *and you!* **Saturday, April 5 | 4:00 p.m. – 6:00 p.m. PST**

Focus Session #4: Strategies to Improve Cooperation. This session will focus upon PWS's ubiquitous anxiousness and provide useful strategies that reduce the potential for unwanted anxiety-related behaviors. We will also focus upon strategies that help manage attentional and hyperfocus symptoms to help improve the flow of the day. **Saturday, April 12 | 4:00 p.m. – 6:00 p.m. PST**

Focus Session #5: Strategies to Avoid Disappointment and Unwanted Behaviors. This session will focus upon successful strategies to manage PWS's many neurocognitive deficits that often lead to disappointment and result in unwanted. We will also focus upon PWS's lying and confabulation behavior and share management strategies. **Saturday, June 7 | 4:00 p.m. – 6:00 p.m. PST**

Focus Session #6: Understanding and Managing Obsessive-Compulsive Behaviors & When to Use Medications. This session will focus on strategies to help manage obsessive symptoms, compulsive behaviors, hoarding behavior, skin picking and other self-abusive behaviors, psychiatric symptoms, explore when it's time to pursue medication, and how to identify a psychiatric physician specialist. **Saturday, June 21 | 4:00p.m.–6:00p.m.PST**

Bonus Focus Session: Preparing for the Holidays. Free with paid Focus Sessions registration or Individual Session is \$25 for Members; \$45 for Non-Members. **Saturday, November 1 | 4:00 p.m. – 6:00 p.m.**

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Purchase the entire series or choose individual Focus Sessions

Contact Prader-Willi California Foundation for more information

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