

About Prader-Willi California Foundation

Prader-Willi California Foundation is a non-profit 501(c)(3) public charity established in 1979 and the *only* organization dedicated *exclusively* to serving the needs of Californians impacted by Prader-Willi syndrome.

PWCF is comprised of parents, extended family, friends, and dedicated professionals. PWCF is supported solely by dues and donations.

PWCF proudly maintains an affiliation with the national Prader-Willi Syndrome Association (USA).

Our Mission



Individuals with PWS should have the opportunity to pursue their hopes and dreams to the full extent of their talents and capabilities. The success of people with PWS depends greatly upon the knowledge and support of the community around them. PWCF provides individuals with PWS, their families, and professionals with a state network of information, advocacy and support services.

Our Aims and Objectives

- To provide education and support
- To increase awareness
- To advocate for families
- To support appropriate and high quality living arrangements
- To support statewide and national research



Our Vision

Our vision is that persons with PWS will live a full life without limits.



Prader-Willi California Foundation and the national **Prader-Willi Syndrome Association (USA)** have an extensive amount of materials available for families, friends, physicians, therapists, caseworkers, residential providers, school staff, and other care providers. Please contact PWCF or PWSA (USA) when we may provide more information, support and advocacy services to you, your child, your friend, patient, or student.

To learn more about Prader-Willi syndrome and how you can help call us or visit www.PWCF.org



Prader-Willi California Foundation is a non-profit 501(c)(3) charitable organization established in 1979. An affiliate of Prader-Willi Syndrome Association (USA), PWCF is dedicated to assisting individuals with Prader-Willi syndrome, their families, and the professionals who serve them. TIN #95-3480752.

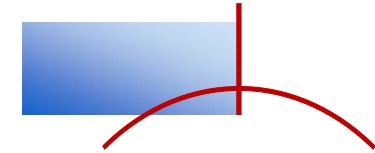


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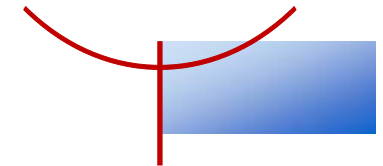
PRADER-WILLI SYNDROME ASSOCIATION
USA
—Skill hungry for a cure.—

Education and Training Services



For Families and Professionals

Serving Persons with Prader-Willi Syndrome



About Prader-Willi Syndrome

Prader-Willi syndrome (PRAH-der-WILL-ee) is the most common genetic condition that can lead to life threatening obesity. People with Prader-Willi syndrome (PWS) experience many symptoms including weak muscles, problems with balance and coordination, developmental delays, speech and language problems, and behavior problems similar to and sometimes more severe than Autism.

PWS is best known, however, for its hallmark symptom, **hyperphagia, which causes an insatiable drive to eat despite how much food is consumed.** Additionally, the metabolic rate is about half what it should be, so if access to food is not restricted and calories strictly controlled, persons with PWS will quickly gain an enormous amount of weight. In addition to the risk of morbid obesity, persons with PWS are at increased risk for acute stomach rupture or necrosis.

Often even more challenging than the life-threatening hyperphagia symptom are the behavioral symptoms. Fueled by anxiety, older children and adults with PWS are often easily frustrated, inflexible, argumentative, and prone to physically acting out.

With appropriate education and training, symptoms of PWS *can* be managed; individuals with PWS and their families *can* lead healthy and happy lives. PWCF provides state-of-the-art training to parents and professionals to help manage the myriad symptoms caused by PWS.

Contact PWCF to schedule your PWS Training today!



Parent Education and Training

Helping parents eliminate, reduce, and effectively manage the symptoms of Prader-Willi syndrome is a critical service provided by PWCF.

PWCF provides training to parents and extended family members. PWS Training for the parent of the infant or young child is an important early intervention service. Training for the parent of the older child, teen, or adult is absolutely critical for the health and wellbeing of not only the individual with PWS, but for the entire family.

Training is available on an individual basis in the PWCF Office, in the family's home, or in a group training setting.

Behavior Management Training

PWS Behavior Management Training sessions provide parents with critical information to help them create the environmental foundation their child or adult with PWS needs. Focus is placed on how to create an overall sense of safety and security, decrease anxiety, implement the PWS Principles of Food Security, and improve behavior. Training Programs include:

- **Essential Early Childhood Behavior Management Strategies: Good Foundation Now, Good Behavior Tomorrow**
- **Behavior Management Strategies That Work for the Parent of the Older Child with PWS**
- **Behavior Management Strategies That Work for the Parent of the Adult with PWS**



Professional Education and Training

PWCF provides training to professionals who provide support and services to individuals with PWS. Since there are an array of professionals who work with or serve persons with PWS, PWCF has an array of specially-designed Training Programs including:

School Training for Teachers, Aides, Related Service Providers, and Other School Support Staff



Teaching the student with Prader-Willi syndrome presents unique challenges. PWCF provides training to teachers, aides, and related-services staff with special focus and emphasis on PWS Behavior Management Training.

Residential Staff Training



The residential needs of persons with PWS are unique and complex. PWS Training for residential service providers is absolutely critical for the health, happiness, and safety of residents. PWCF provides training to group home and supported living services staff with special emphasis on PWS Behavior Management Training.

Day Program, Vocational & Work Site Staff Training



Quality of life includes meaningful, productive work. The challenges that day programs and employers face when working with persons with PWS can feel insurmountable but are often managed with appropriate training. PWCF provides training to day programs, vocational employers, and private employers with special emphasis on PWS Behavior Management Training.